

11 Days of Facial Plastic Surgery

6th Singapore Facial Rejuvenation Surgery Fresh Frozen Cadaveric Dissection Course

22 – 24 February 2023 • Khoo Teck Puat Hospital, Singapore
www.SingaporeENTCourses.com.sg



Wednesday, 22 February 2023 (Day 1)

0700 – 0725	Day 1 Registration (Carlton Hotel, Singapore) (All lectures and panel discussions will be held in Empress Ballroom 5)	
0730 – 0735	Welcome Address	Dr Sandeep Uppal, Course Chairman, Singapore
0735 – 0800	Plenary Session: Applied Anatomy For Filler and Botulinum Toxin	Prof Jonathan Sykes, United States of America
0800 – 0825	Plenary Session: The Aetiology of Aging	Prof Neil A. Gordon, United States of America
0825 – 1010	Foundation in Facial Rejuvenation Surgery Session Chair: Prof Vishwas Vijayadev, India Session Co-Chair: Dr Amanda Tan, Singapore	
0825 – 0840	Contemporary Concepts of Facial Beauty	Dr Valerie Tay, Singapore
0840 – 0900	Forehead and Temporal Anatomy	Dr Tee Sin Lee, Singapore
0900 – 0915	Eyelid Anatomy	Dr Stephanie Young, Singapore
0915 – 0935	Surgical Anatomy for the Facelift Surgeon	Dr Sandeep Uppal, Singapore
0935 – 0950	Basic Ocular Examination and Surgical Planning for Blepharoplasty	Dr Petrina Tan, Singapore
0950– 100	What Makes a Beautiful Eye: Does Surgery Make Sense?	Prof Jonathan Sykes, United States of America
1010 – 1200	Upper Facial Rejuvenation Session Chair: Dr Sandeep Uppal, Singapore Session Co-Chair: Dr Tuan Pham, Australia	
1010 – 1025	The Anatomy and Aesthetics of Browlifting	Prof Jonathan Sykes, United States of America
1025 – 1045	Trans-blepharoplasty Browpexy/Browplasty	Dr Tuan Pham, Australia
1045 – 1100	Combined Brow Lift and Upper Blepharoplasty, When, Why and How	Asst Prof Gangadhara Sundar, Singapore
1100 – 1120	Small Incision Brow Lifting	Prof Richard Allen, United States of America
1120 – 1140	Functional Brow Lift	Dr Sandeep Uppal, Singapore
1140– 1200	Brow lift is a Bad Word : Understanding the Forehead through the Endoscopic/ Coronal Technique	Prof Neil A. Gordon, United States of America
1200-1215	Building Ear Framework and Rib Cartilage Carving In Ear Deformity	Dr Mirta Reksodiputro, Indonesia
1200– 1245	Lunch	

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Wednesday, 22 February 2023 (Day 1) – cont'd		
1245 – 1310	EB5.2.5 Plenary Session 6: Joseph KH Wong Lecture Evolving Concepts of Upper Face Rejuvenation	Prof Vito Quatela, United States of America
1310 – 1335	EB5.2.6 Plenary Session 7: Asian Double Eyelid Surgery	Prof Kim Yoon-Duck, South Korea
1335 – 1520	Upper Lid Surgery Session Chair: Dr Stephanie Young, Singapore Session Co-Chair: Dr Khanti Wiwatwisawakorn, Thailand	
1335 – 1355	Blepharoplasty - How I Do It	Prof Vito Quatela, United States of America
1355 – 1410	Nuances of the Upper Blepharoplasty Procedure	Prof Jonathan Sykes, United States of America
1410 – 1430	Aesthetic Medical Epicanthoplasty	Prof Kim Yoon-Duck, South Korea
1430 – 1445	Functional and Aesthetic Double Eyelid Surgery: Safe Technique and Effective Outcomes	Dr Kyi Chan Ko, Myanmar
1445 – 1500	Sunken Upper Eyelid Correction	Dr Khanti Wiwatwisawakorn, Thailand
1500 – 1520	Management of Complications of Upper Blepharoplasty	Prof Kim Yoon-Duck, South Korea
1520 – 1620	Lower Eyelid Surgery Session Chair: Prof Kim Yoon-Duck, South Korea Session Co-Chair: Adj. Asst Prof Gangadhara Sundar, Singapore	
1520 – 1535	Transconjunctival Lower Eyelid Blepharoplasty	Adj. Asst Prof Gangadhara Sundar, Singapore
1535 – 1550	Pearls in Lower Lid Blepharoplasty	Prof Vito Quatela, United States of America
1550 – 1605	How Do I Prevent Complications in Lower Blepharoplasty	Adj. Asst Prof Gangadhara Sundar, Singapore
1605 – 1620	Surgical Correction of Lower Lid Malposition Following Blepharoplasty	Prof Kim Yoon-Duck, South Korea
1620 – 1750	Face Lift Session Chair: Prof Neil A. Gordon, USA Session Co-Chair: Prof Vito Quatela, USA	
1620 – 1635	Which Facelift Technique on the Basis of Midfacial Ptosis	Prof Vito Quatela, United States of America
1635 – 1650	Management of the Difficult Neck	Prof Vito Quatela, United States of America
1650 – 1710	Pearls from 27-years Performing Deep-Plane Rhytidectomy	Prof Neil A. Gordon, United States of America
1710 – 1725	Adjunctive Procedures in Aging Face Surgery: How to Choose and Perform Multiple Procedures	Prof Jonathan Sykes, United States of America
1725 – 1750	Revision Rhytidectomy : Utilizing the Deep-Plane Technique to Produce Predictable Outcomes	Prof Neil A. Gordon, United States of America
1750	End of Day 1	

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Thursday 23, February 2023 (Day 2)

0730 – 0800		
Registration (Kaizen 7, Learning Center, Khoo Teck Puat Hospital) Dissectors: Proceed to Surgical Skills Laboratory, Level B1, Tower B, Khoo Teck Puat Hospital Observers: Remain in Auditorium, Learning Center, Khoo Teck Puat Hospital		
0800 – 0915		
Fresh Frozen Cadaveric Session 1 Upper Blepharoplasty		
0800 – 0830	Suture Double Eyelid Creation	Demonstrator: Dr Stephanie Young, Singapore
0830 – 0915	Suture Double Eyelid Creation	Dissection
0915 – 1100		
Fresh Frozen Cadaveric Session 2 Upper Blepharoplasty and Ptosis Correction		
0915 – 1000	Transcutaneous Upper Blepharoplasty, Double Eyelid Creation and Ptosis Correction	Demonstrator: Prof Kim Yoon-Duck, South Korea
1000 – 1100	Transcutaneous Upper Blepharoplasty, Double Eyelid Creation and Ptosis Correction	Dissection
1100 – 1215		
Fresh Frozen Cadaveric Session 3 Epicanthoplasty		
1100 – 1130	Epicanthoplasty	Demonstrator: Prof Kim Yoon-Duck, South Korea
1130 – 1215	Epicanthoplasty	Dissection
1215 – 1315		
Lunch (Surgical Skills Laboratory, Level B1, Tower B, Khoo Teck Puat Hospital)		
1315 – 1445		
Fresh Frozen Cadaveric Session 4 Lower Blepharoplasty		
1315 – 1345	Fat Excision Subciliary Lower Blepharoplasty	Demonstrator: Prof Jonathan Sykes, United States of America
1345 – 1445	Fat Excision Subciliary Lower Blepharoplasty	Dissection

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Thursday, 23 February 2023 (Day 2) – cont'd		
1445 – 1610	Fresh Frozen Cadaveric Session 5 Lower Blepharoplasty	
1445 – 1515	Fat Transposition Subciliary Approach Lower Blepharoplasty	Demonstrator: Prof Kim Yoon-Duck, South Korea
1515 – 1600	Fat Transposition Subciliary Approach Lower Blepharoplasty	Dissection
1600 – 1730	Fresh Frozen Cadaveric Session 6 Browlift	
1600– 1730	1. Endoscopic Brow and Midface Lift, 30 min 2. Trichophytic Lift, 30 min 3. Endoscopic Submandibular Gland and Digastric Muscle Ablation, 30 min	Demonstrator Prof Vito Quatela, United States of America
1730	End of Day 2	

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Friday, 24 February 2023 (Day 3)

0715 – 0730	Registration: Kaizen 7, Learning Center, Khoo Teck Puat Hospital Dissectors: Proceed to Surgical Skills Laboratory, Level B1, Tower B, Khoo Teck Puat Hospital Observers: Remain in Auditorium, Learning Center, Khoo Teck Puat Hospital	
0730 – 0845	Fresh Frozen Cadaveric Session 6 continued-- Browlift	
0730 – 0845	1. Endoscopic Brow and Midface Lift 2. Trichophytic Brow Lift (Candidates please do not ablate Submandibular gland and Digastric muscle at this stage, that will be performed after Platysma Plication during a later session)	Dissection
0845 – 1000	Fresh Frozen Cadaveric Session 7 MACS Lift	
0845 – 0915	MACS Lift	Demonstrator: Dr Ullas Raghavan, United Kingdom
0915 – 1000	MACS Lift	Dissection
1000 – 1120	Fresh Frozen Cadaveric Session 8 SMAS Plication and Imbrication	
1000 – 1035	SMAS Plication and Imbrication	Demonstrator: Prof Neil A. Gordon, United States of America
1035 – 1115	SMAS Plication and Imbrication	Dissection
1115 – 1345	Fresh Frozen Cadaveric Session 9 Deep Plane Facelift and Neck Lift	
1115 – 1215	Deep Plane/Composite Facelift and Platysmaplasty (Anterior and Posterior Approach)	Demonstrator: Prof Neil A. Gordon, United States of America
1215 – 1345	1. Deep Plane/Composite Facelift and Platysmaplasty (Anterior and Posterior Approach) 2. Endoscopic Submandibular Gland and Digastric Muscle Ablation	Dissection

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Friday, 24 February 2023 (Day 3) – cont'd

1345 – 1430	Lunch (Surgical Skills Laboratory, Level B1, Tower B, Khoo Teck Puat Hospital)	
1430 – 1600	Fresh Frozen Cadaveric Session 10 Chin and Malar Augmentation	
1430 – 1530	1. Chin and Malar Augmentation with Implants, 30 min 2. Genioplasty, 30 min	Demonstrators: Prof Vishwas Vijayadev, India Dr Mehmet Manisali, United Kingdom
1530 – 1630	Chin and Malar Augmentation with Implants	Dissection
1630 – 1730	Fresh Frozen Cadaveric Session 10 Pinnaplasty	
1630 – 1700	Pinnaplasty	Demonstrator: Dr Ullas Raghavan, United Kingdom
1700 – 1730	Pinnaplasty	Dissection
1730	End of Course Please hand over your course feedback form. Certificate will be emailed to you.	