Dear Colleague, dear Friend,

We look back on an eventful year that saw major political changes, not all of which seemingly for the better of Europe and so, for our Academy that thrives on exchange across all borders. It has still been a most fruitful year for the Academy with continued growth of its membership to now well over 1100 members. I am delighted to see good progress being made with restructuring the EAFPS Fellowship and improving our annual conferences. Six EAFPS Fellows are currently training in Europe, a number that will increase with the sustained interest in the EBCFPRS facial plastic surgery certification process that continues to be supported by the Academy and so successfully directed by Santdeep Paun. Peter Lohuis has set well-defined criteria for visitorships, observerships and fellowships and a list of training centres is about to be published on eafps.org. Our website has been both redesigned and restructured with the help of Julian Rowe-Jones and Holger Gassner. Beginning of next year you will be pleasantly surprised by the new shining face of eafps.org and its improved functionality. The undisputed highlight of the year was our Annual Conference in London, chaired and organized by Santdeep Paun and Alwyn D'Souza. This conference was memorable not only for its stunning location in the heart of London and excellent organization with greatest attention to detail and not merely for its well over 400 delegates.

It was a radiating success in times of rapidly growing numbers of high quality facial plastic surgery events competing for attendance. Alas, it has also been a year that witnessed differences within the Executive Board, per se invigorating and until recently leading to consent, being brought to the public in a spiteful way. The unanimous approval of all motions brought forward by the Executive Board at the General Assembly in London, stimulated the Board members who attended to look into the second year of its term with great confidence and verve. I wish to thank all of you for bringing Facial Plastic Surgery forward, above all my fellow Board members, the Focus Group and Committee Chairs. On behalf of the Executive Board, please accept my heartfelt warm wishes for a peaceful Holiday Season and a prosperous and fulfilling New Year.

I look forward to seeing you at our annual conference in Lisbon in September.

Warm regards

Abel-Jan Tasman
President
Meeting reports

Here are the available reports of the meetings held under the auspices of the EAFPS in the second half of 2016.

International Meeting of Rhinoplasty Societies and 5th Annual Meeting of the Rhinoplasty Society of Europe
08-10 September 2016, Paris-Versailles, France

On the 7th of September 2016 the 5th Annual Meeting of the Rhinoplasty Society of Europe took place, one day before the International Meeting of the Rhinoplasty Societies started.

50 of the leading nose surgeons were invited as referees. For this reason Wolfgang Gubisch, the president of the society and the congress asked 6 colleagues from Europe and 6 colleagues from the US to comment on the following three subjects:

- What did I change in my surgical technique in the last 5 years?
- What was my worst complication and how did I treat it?
- What was my most challenging case and how did I solve it?

These questions would have never been answered sincerely at a normal congress, but since the leading nose surgeons gathered at this meeting, it was very interesting what problems can appear even with very experienced colleagues and how the most complicated cases could be solved with sophisticated techniques and a lot of experience.

From the 8th to the 10th of September the first common congress of the Rhinoplasty Society of Europe and the US took place. The course program was very intense and the format was as good as it was when it was initiated in 2012 by the Rhinoplasty Society of Europe.

Panel discussion at the International Meeting of Rhinoplasty Societies
From left to right: R. Davis (Florida), E. Robotti (Bergamo), R. Rohrich (Dallas), B. G Guyuron (Cleveland), F. Apaydin (Izmir), W. Gubisch (Stuttgart), R. Daniel (Newport Beach), P. Adamson (Toronto)

The faculty members were asked to present their techniques for solving difficult nose problems in videos of maximum 5 minutes. Following them was enough time for discussion. Beside questions from the audience, one expert was summoned to ask questions to maximize the learning effect. Over 500 participants came to Paris to exclusively deal with nose surgery for 3 days. The congress was moderated by the American president Bahman Guyuron and from the European president Wolfgang Gubisch.

The participants of the first international meeting in Paris were overwhelmed by the scientific program, the interactive video demonstration and the following intensive discussions. The congress was a full success and will be continued in Miami/Florida in 2018.

Prof. Dr. med. Dr. h.c. Wolfgang Gubisch
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Over 500 colleagues participate at the First International Meeting of the Rhinoplasty Societies of Europe and US

SantoRhino 2016
16-18 September 2016. Santorini, Greece

Description: 1st Rhinology, Skull base and Rhinoplasty workshop
Location: Santorini Island, Greece
Course directors: Christos Georgalas, Wouter van Furth
Fees: 450 (specialists) 350 (residents)
Structure: Interactive lectures and discussions
Participants: 140
Next planned: 21-23 September 2018

It is already a couple of months ago that we returned from the island of Santorini, and we are now realizing, as the dust is finally settling, what it meant:

We brought together, in this amazing island, some of the world leaders in the areas of Rhinology, Endoscopic Skull Base Surgery and Rhinoplasty while also showcasing some extremely talented young surgeons - the next generation of leaders in the field.

The philosophy and main theme of this meeting was “networked learning” – a process of developing and maintaining connections with people and information, and communicating in such a way so as to support one another’s learning. That was reflected in our choice of faculty - people who we consider our friends and mentors – people who have been our teachers or have reinforced and influenced our learning process over the years.

The atmosphere in the island was conducive to learning – and we were impressed to see 140 people from 41 different countries, including from as far away as Australia and South Africa, ignoring the beautiful views and the island temptations only to stay hooked to their seats, keeping the conversation alive.
Encouraged by the response and the excellent feedback that we received (overall evaluation: 9/10, sufficient opportunities for participants to contribute, pose questions and interact: 9.2/10) we are renewing the invitation: Let’s meet again, for the second edition of Santorhino: 21-23 September 2018, Santorini, Greece.

Prof. Dr. Christos Georgalas
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International Course in Advanced Rhinoplasty Techniques
12-14 October 2016, Utrecht, The Netherlands

This unique course was held for the 27th time and attracted participants from more than 25 different countries from all over the world. The concept of the Advanced Course in Utrecht is unique considering the multidisciplinary faculty (ENT and FPRS surgeons, Anatomists, Maxillofacial- and General plastic surgeons) but also because of the Expert Panels, Live Surgery and Fresh Frozen Cadaver Dissection of the nose.

This year the hands-on fresh frozen cadaver “Workshop” was focused on “Chin Augmentation”, next year in the 2017 edition “Otoplasty an Auricular Reconstructive procedures” will be addressed.

Lecture hall of the International Course in Advanced Rhinoplasty Techniques, Utrecht

Very proud we were to have David Kim, San Francisco, U.S.A., as our “Teacher of Honour”. David Kim showed the participants how to deal with patients from the first consultation to the management of the most challenging procedures and demonstrated his great surgical skills during live surgery. Of course the live surgery was interactive, the attendees could ask questions and an expert panel was available in the lecture hall to allow a thorough comment and discussion.

The last day of the course, the symposium, was part of the course but as usual it is also possible to subscribe for the symposium separately. This year the “Lecture of Honour” by David Kim was focused on the interaction between the left and right brain during the surgical procedure of rhinoplasty. It was a philosophical, interesting and exciting day with lots of discussions. Taken together, it was a great course again with didactic lectures, panel discussions fresh frozen cadaver dissection.

The department of Otolaryngology – Head and Neck Surgery at Khoo Teck Puat Hospital, Singapore conducted three back to back courses as part of their annual event ’11 Days of Facial Plastic Surgery’.

1st Singapore Advanced Rhinoplasty Fresh Frozen Cadaveric Dissection Course, 6 – 9 November 2016
2nd Singapore Facial Rejuvenation Surgery Fresh Frozen Cadaveric Dissection Course, 10 – 12 November 2016
3rd Singapore Maxillofacial Surgery Fresh Frozen Cadaveric Dissection Course, 13 – 16 November 2016

The courses were designed to provide structured and systematic training in various aspects of facial aesthetic and reconstructive surgery and included lectures, panel discussions and hands-on demonstrations by expert faculty followed by hands-on dissection by participants. The courses covered surgical challenges encountered with practical tips on how to manage these safely and predictably with tried and tested surgical techniques.

Eleven Days of Facial Plastic Surgery
06-16 November 2016, Singapore

The courses attracted more than 60 Consultants and Residents from 26 countries. Seven out of the 11 days were dedicated to dissection on high quality fresh frozen cadavers in a well-equipped surgical skills lab, where all the surgical instruments, endoscopes, monitors, titanium and silicone implants and image guided system were made available to the participants. The participants rated the course highly for its scientific content, amount of time allocated for dissection and the close supervision provided by national and international faculty from the field of Otolaryngology, Ophthalmology and Maxillofacial Surgery.

Teachers of Honor for the courses were internationally renowned Facial Plastic Surgeons Peter A. Adamson (University of Toronto, Canada), Stephen W. Perkins (Indiana University School of Medicine, USA), Pietro Palma (University of Insubria, Italy), Alexander Schramm (University Hospital Ulm, Germany) and Ullas Raghavan (Doncaster Royal Infirmary, UK).

Dr. Dirk Jan Menger & Prof. Dr. Gilbert Nolst Trenité, Course Directors
Utrecht, The Netherlands
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Upcoming Meetings

These are the upcoming meetings 2015 under the auspices of the EAFPS according to information status of 18 December 2016

10th Alpine Nasal Course
21-25 January 2017, Crans-Montana, Switzerland

Munich Rhinoplasty 2017,
16-18 February 2017, Munich, Germany

International Milano Masterclass, 9th Edition
24-28 March 2017, Milano, Italy

18th International Course on Reconstructive and Aesthetic Surgery of the Nose and Face
14-16 June 2017, Nijmegen, Netherlands

RinoArrabida 2016
11-13 November 2016, Porto, Portugal

The 2016 edition of RinoArrabida took place on November 11-12-13th, at Porto, Portugal. This course, entirely dedicated to rhinoplasty, was organized by the Otolaryngology Department of Hospital Luz Arrabida and was directed by Rui Xavier.

Ninety people from eleven countries participated in this course. The audience included otolaryngology surgeons, plastic surgeons and maxillofacial surgeons. The Faculty of this course included Portuguese surgeons as well as well known international facial plastic surgeons.

The first two days of the course were dedicated to lectures presented by the Faculty covering all aspects of rhinoplasty, from the basics to the most advanced details of this surgery. Several videoclips illustrating surgical techniques and surgical details were also shown and discussed. Highly appreciated by the audience was the presentation of clinical cases which were thoroughly discussed not only by the Faculty but also by the participants of the course.

The last day of the course was dedicated to the dissection lab. The participants could watch several rhinoplasty techniques being performed on fresh cadaver by the Faculty. After this demonstration the participants had opportunity to perform a rhinoplasty on fresh cadaver, under the guidance of the Faculty.

Due to the strong positive feedback received from the participants of RinoArrabida2016, we look forward already to the next edition of this course, scheduled for 2018.

Dr. Rui Xavier
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1) Regarding Z-plasty, are the following statements TRUE or FALSE?
A. Z-plasty is a good technique for correcting trap-door/pin cushion scars, where there is bunching of central tissue
B. Multiple Z-plasties along a scar will not give the same benefit as a single Z-plasty
C. Z-plasty can be used to change scar direction
D. Z-plasty can be used to lengthen a scar
E. Using 45 degree angles in the triangles of the Z-plasty will lengthen the wound by 50%

2) Regarding the treatment of scars, are the following statements TRUE or FALSE?
A. Carbon dioxide laser is the first line laser treatment for scars
B. Burn scars may benefit from serial partial excision
C. Nd:YAG can be safely used to treat scars in Fitzpatrick skin types III-VI
D. Simple fusiform excision is suitable for short or narrow scars
E. Pulse dye laser is ideal for treating hypertrophic and keloid scars

3) Regarding irregularisation, are the following statements TRUE or FALSE?
A. W-plasty leads to irregularisation and scar lengthening
B. The consecutive multiple triangles in W-plasty should be approximately 10mm in length
C. Geometric broken-line closure produces a regularly irregular scar
D. The resultant scar from geometric broken-line closure is less conspicuous than W-plasty
E. W-plasty and geometric broken-line closure utilised interposed flaps

4) Regarding dermabrasion, are the following statements TRUE or FALSE?
A. Dermabrasion removes the epidermis and part of the reticular dermis
B. Antiviral prophylaxis is not necessary prior to dermabrasion
C. The deep limit of dermabrasion is when pinpoint bleeding becomes visible
D. Feathering of the dermabrasion is necessary to disguise the treated area
E. The dermabrasion fraise should be rotating clockwise and should be applied parallel to the axis of the scar

5) Regarding the treatment of keloid scars, are the following statements TRUE or FALSE?
A. Radiotherapy; 15-20 Gray over 6 sessions, can be used as monotherapy
B. Corticosteroid injection should be placed into the dermis
C. Corticosteroid injection can cause hypopigmentation and telangiectasia
D. Silicone gel leads to an increase in fibroblast growth factor
E. Pressure therapy works by slowing down wound maturati
We wish all our members a Merry Christmas and a Happy New Year 2017!

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