

## Welcome Message

Dear Friends & Colleagues,

It gives me great pleasure to invite you to our 6th annual event '11 Days of Facial Plastic Surgery'. This year's edition will be held in conjunction with the ASEAN ORL-HNS Congress 2019.

The first course planned during this event is the '6th Singapore Advanced Rhinoplasty Fresh Frozen Cadaveric Dissection Course', from 26-29 August 2019. Over the last five years this very successful and well-received course has matured into a premium learning event for enthusiastic rhinoplasty surgeons keen to hone and advance their surgical skills. The course this year has been enhanced further by incorporating the feedback from both the participants and faculty from previous courses. We have incorporated a complete section on management of ethnic noses with special emphasis on intricacies of Asian rhinoplasty.

The course comprises of two days of lectures and panel discussions covering the entire range of surgical challenges encountered during rhinoplasty. Participants will learn useful tips on managing them safely, predictably and effectively. Structured panel discussions by our expert faculty will help delegates to consolidate their understanding of some of the common problems encountered during analysis, planning and execution of rhinoplasty. The delegates will learn techniques to restore both the form and function of the nose.

The next two days will be devoted to surgical dissection on highest quality fresh frozen cadaveric specimens to provide extensive hands-on training in a wide range of surgical techniques used in rhinoplasty. The surgical skills laboratory segment of the course will be limited to 13 Dissectors and 13 Assistants to allow for intimate supervision by experienced faculty. A unique feature of our course is **1:1 Dissector to Cadaveric specimen ratio**. State of the art surgical instruments will be made available to the delegates.

We are privileged to have internationally renowned Facial Plastic Surgeons Prof Peter A Adamson as the Teacher of Honour for the course. Other invited Teachers of Honour and International faculty will be announced in the next few weeks. The participants will benefit from the wealth of experience offered by our outstanding international and national faculty.

Singapore is a lively city with many historical and modern architectural landmarks. It is a paradise for foodies and offers an abundance of experiences that will help you to have a memorable and enjoyable visit. Travel to Singapore is easy as it is well connected to major airports in the world.

We look forward to seeing you at '11 Days of Facial Plastic Surgery 2019'.

# 11 Days of Facial Plastic Surgery

## 6<sup>th</sup> Singapore Advanced Rhinoplasty Fresh Frozen Cadaveric Dissection Course

26 – 29 August, 2019

Auditorium / Surgical Skills Laboratory  
Khoo Teck Puat Hospital, Singapore

[www.SingaporeENTCourses.com.sg](http://www.SingaporeENTCourses.com.sg)

Under the auspices of:



Pan Asia Academy of  
Facial Plastic and  
Reconstructive Surgery



Course Chairman

Dr Sandeep Uppal PhD, FRCS (ORL-HNS)  
Adj. Asst. Prof in Otolaryngology,  
National University of Singapore  
Senior Consultant Otolaryngologist  
Trained in Facial Plastic Surgery,  
Khoo Teck Puat Hospital

# Programme at a Glance

## Day 1 & 2 Lectures & Panel Discussions

- » Contemporary Concept of Facial and Nasal Aesthetics
- » Surgical Anatomy of the Nose
- » Rhinoplasty: Preoperative Assessment
- » Perioperative Care of Rhinoplasty Patients
- » The Chin in Rhinoplasty
- » Cartilage Grafting in Rhinoplasty
- » Alloplastic Nasal Implants: When and Why?
- » Primary Rhinoplasty: Technical Pearls
- » Osteotomy: Principles, Techniques, Avoiding Complications
- » Nasal Hump Reduction
- » Management of Saddle Nose
- » Management of Crooked Nose
- » Middle Vault in Rhinoplasty
- » Management of Broad Nose
- » Tripod Principle for Nasal Tip Surgery
- » Suturing Techniques for Tip Modification
- » The Over Projected Tip: Analysis and Management
- » The Under Projected Tip: Analysis and Management
- » Customizing Rhinoplasty According to Skin Thickness
- » The Ptotic Tip
- » Over Rotated Tip
- » The Boxy Tip
- » Saddle Nose
- » Tension Nose
- » Managing Altered Alar Columellar Relationship
- » Alar Base Refinement
- » Short Nose: A Surgical Challenge
- » The Oriental Nose: Special Considerations
- » Rhinoplasty in Indian Patients
- » Rhinoplasty in Middle Eastern Patients
- » Complexities of Revision Rhinoplasty
- » Dorsal And Caudal Septal Deviation
- » Panel Discussion: Challenges in Tip Refinement
- » Panel Discussion: Secondary Rhinoplasty: Challenges and Pitfalls

## Day 3 & 4 Fresh Frozen Cadaveric Dissection

- » Conchal and Rib Cartilage Harvest
- » Delivery Approach
- » Endonasal Approach to the Nasal Dorsum
- » Silicone Nasal Implant
- » Silicone Chin Implant
- » External Approach: Raising the Skin and Soft Tissue Envelope
- » Dorsal Approach to Septum and Septal Cartilage Harvest
- » Component Hump Resection and Septal Cartilage Harvest
- » Spreader Flaps and Spreader/Extended Spreader Grafts
- » Septal Extension Graft and Columellar Strut
- » Suture Techniques for Tip Refinement
- » Cartilage Grafts to the Nasal Tip
- » Lateral Crural Strut, Butterfly, Baton, Articulated Rim and Rim Grafts
- » Lateral Crural Flip Over Graft
- » Dorsal Augmentation with Rib Graft/Diced Cartilage Fascia Graft
- » Medial Oblique, Intermediate, Lateral and Transverse Osteotomies
- » Silicone Chin Implant
- » Dorsal Augmentation with Diced Cartilage

## Teacher of Honour



### Prof Peter A Adamson

Head, Division of Facial Plastic and Reconstructive Surgery  
Department of Otolaryngology - Head and Neck Surgery  
University of Toronto, Toronto  
Canada

*More faculty to be confirmed.*

To register,  
visit [www.SingaporeENTCourses.com.sg](http://www.SingaporeENTCourses.com.sg)  
Deadline for Early Registration: 31 May 2019

## Registration Fees

Workshop Categories	Time Frame	Early Registration	Normal Registration
		On or before 31 May 2019	After 31 May 2019
Hands-on Dissector	Limited to 13 slots only!	SGD 3,825	SGD 4,325
Hands-on Assistant	Limited to 13 slots only!	SGD 2,250	SGD 2,750
Observer with Lab Access (non-assisting)	Limited to 13 slots only!	SGD 1,600	SGD 1,900
Observer without Lab Access (Will be able to attend Lectures and see Cadaveric Dissection through live feed)			
• Doctor		SGD 900	SGD 1,100
• Nurse		SGD 400	SGD 500

- » Due to limited places available, registration will only be confirmed upon receipt of full payment, on a first-come, first-served basis.
- » Members of EAFPS and PAAFP RS will receive an exclusive discount of 15% off the registration fee. Proof of membership is required. EAFPS and PAAFP RS members will not be entitled to further discount for attending more than one course.
- » Participants attending 2 courses in one category will receive a 5% discount of the registration fee.
- » Registration fee is inclusive of GST.
- » Workshop observers without lab access will be able to attend lectures and observe the cadaveric dissection through video link.
- » Nurses are required to provide a copy of their Professional Nursing Certificate.

## Contact Details

### Mailing Address:

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