

## Welcome Message

Dear Friends & Colleagues,

It gives me great pleasure to invite you to our 6th annual event '11 Days of Facial Plastic Surgery'. This year's edition will be held in conjunction with the ASEAN ORL-HNS Congress 2019. The event will include 2 consecutive fresh frozen cadaveric dissection courses, to be held from 26 August–1 September 2019.

The second course during this event will be the '5th Singapore Facial Rejuvenation Surgery Fresh Frozen Cadaveric Dissection Course'. The course comprises of one day of lectures and 2 days of dissection on high quality fresh frozen cadaveric specimens. The course will provide extensive hands-on training in a wide range of surgical techniques used to rejuvenate the aging face and enhance facial beauty. Practical tips by our expert faculty will help delegates to enhance their skills in pre-operative assessment, planning, surgical techniques and post-operative care of the aesthetic patients. The laboratory portion of the course will be limited to 26 Dissectors to allow for close supervision by our experienced faculty. Participants in the previous courses have greatly appreciated the ample time available for dissection. All surgical instruments and implants will be made available to the delegates.

We are privileged to have internationally renowned Facial Plastic Surgeons Prof Peter A Adamson as the Teacher of Honour for the course. Other invited Teachers of Honour and International faculty will be announced in the next few weeks. The participants will also benefit from the wealth of experience offered by our outstanding regional and national multidisciplinary faculty belonging to the field of Otolaryngology, Ophthalmology and Maxillofacial Surgery.

Singapore is a vibrant city with many historical and contemporary architectural landmarks. Singapore is a popular tourist destination that offers richness and variety of experiences that will help you to have a memorable stay in this garden city. Travel to Singapore is easy as it is well connected to major airports in the world.

We look forward to seeing you at '11 Days of Facial Plastic Surgery 2019'.

# 11 Days of Facial Plastic Surgery

## 5<sup>th</sup> Singapore Facial Rejuvenation Surgery Fresh Frozen Cadaveric Dissection Course

30 August – 1 September, 2019

Auditorium / Surgical Skills Laboratory  
Khoo Teck Puat Hospital, Singapore

[www.SingaporeENTCourses.com.sg](http://www.SingaporeENTCourses.com.sg)

Under the auspices of:



Pan Asia Academy of  
Facial Plastic and  
Reconstructive Surgery



Course Chairman

Dr Sandeep Uppal PhD, FRCS (ORL-HNS)  
Adj. Asst. Prof in Otolaryngology,  
National University of Singapore  
Senior Consultant Otolaryngologist  
Trained in Facial Plastic Surgery,  
Khoo Teck Puat Hospital

# Programme at a Glance

## Day 1 Lectures

- » Contemporary Concepts of Facial Beauty
- » Surgical Anatomy: Forehead and Brow
- » Surgical Anatomy: Eye and Periorbital Area
- » Anatomy of Midface, SMAS, Lower Face and Neck
- » From Youth to Old Age: What Changes with Facial Aging?
- » Anatomical Considerations in Face Lifting
- » Rhytidectomy: Lifting the Lower Face and Neck
- » Volume Restoration in Facial Rejuvenation
- » Botox in Facial Rejuvenation
- » Open Techniques for Brow Lift
- » Endoscopic Brow Lift
- » Midface Lifting
- » MACS Lift
- » SMAS Plication, Imbrication
- » Deep Plane Face Lift
- » Facelift: Surgical Tips, Limitations and Complications
- » Management of the Aging and Heavy Neck
- » Upper Lid Blepharoplasty
- » Asian Blepharoplasty
- » Lower Lid Blepharoplasty
- » Complications of Blepharoplasty and Their Prevention
- » Epicanthoplasty
- » Ptosis Surgery
- » Aesthetic Pinnaplasty



## Day 2 & 3 Fresh Frozen Cadaveric Dissection

- » Suture Double Eyelid Creation
- » Short Scar Double Eyelid Creation
- » Upper Eyelid Blepharoplasty
- » Fat Preservation Transconjunctival Lower Blepharoplasty
- » Fat Excision Subciliary Approach Lower Blepharoplasty
- » Endoscopic Brow and Midface Lift (If instruments are available)
- » Temporal Lift, Direct Brow Lift
- » Trichophytic Brow Lift
- » MACS Lift
- » SMAS Plication, Imbrication, Deep Plane Facelift
- » Platysmaplasty
- » Pinnaplasty
- » Genioplasty
- » Malar Augmentation with Silicone Implant

## Teacher of Honour



### Prof Peter A Adamson

Head, Division of Facial Plastic and Reconstructive Surgery  
Department of Otolaryngology - Head and Neck Surgery  
University of Toronto, Toronto  
Canada

*More faculty to be confirmed.*

To register,  
visit [www.SingaporeENTCourses.com.sg](http://www.SingaporeENTCourses.com.sg)  
Deadline for Early Registration: 31 May 2019

## Registration Fees

Workshop Categories	Early Registration		Normal Registration	
	On or before 31 May 2019		After 31 May 2019	
Hands-on Dissector <small>Limited to 26 slots only!</small>	SGD	3,825	SGD	4,325
Observer with Lab Access (non-assisting) <small>Limited to 13 slots only!</small>	SGD	1,600	SGD	1,900
Observer without Lab Access (Will be able to attend Lectures and see Cadaveric Dissection through live feed)				
	• Doctor	SGD 900	SGD 1,100	
• Nurse	SGD 400	SGD 500		

- » Due to limited places available, registration will only be confirmed upon receipt of full payment, on a first-come, first-served basis.
- » Members of EAFPS and PAAFPRS will receive an exclusive discount of 15% off the registration fee. Proof of membership is required. EAFPS and PAAFPRS members will not be entitled to further discount for attending more than one course.
- » Participants attending 2 courses in one category will receive a 5% discount of the registration fee.
- » Registration fee is inclusive of GST.
- » Workshop observers without lab access will be able to attend lectures and observe the cadaveric dissection through video link.
- » Nurses are required to provide a copy of their Professional Nursing Certificate.

## Contact Details

### Mailing Address:

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